

BROWN BELT 3RD KYU

KNOW ALL CLINCH TECHNIQUES AND COUNTERS
KNOW ALL TERMINOLOGY, PHILOSOPHY, TENETS,
ORIGIN AND FOUR MAIN POINTS OF DRAGON SEN-I
JUTSU.

HAVE HAD A MINIMUM OF 15 HOURS INSTRUCTING
OTHERS

SIX MONTH MINIMUM BETWEEN 4TH AND 3RD KYU.
MUST BE ACCEPTED INTO THE ADVANCED CLASS FOR
LAST THREE MONTHS

STAND-UP(CLINCHING)

1)ARM POSITIONING:

A: ELBOW STRIKE

B: SIDE CHOKE OR REAR CHOKE

C: BREAK DOWN

**2) SHOULDER BUMP HEAD BUTT
UPPERCUT**

3) ELBOW/FOREARM/TO OUTSIDE CYCLE/

4) FOOT STOMP/ PUSH

5) WRAP RANGER CHOKE

6) PUSH OFF /FRONT KICK

7) HEADLOCK REVERSE CRANK

8) REAP DROP TAKEDOWN.

9) WAIST CINCH/.SPRAWL

10) NECK LACE LOCK /KNEE STRIKE

1:GUILLOTINE CHOKE OR CRANK2: HANGMAN 3) BACK SPIN MOUNT